

One-Hour Sweatshirt Makeover

If you plan to make several of these one-hour sweatshirts using the technique described on this page, consider making a plastic template for cutting your fabric.

If your novelty fabric has specific designs or patterns, the template would allow you to see how the final design might appear.



A simple example of this one hour sweatshirt makeover is shown above. One fat quarter of the lime fabric and four decorative buttons were used for the embellishment. A topstitch thread matching the sweatshirt was chosen.

Note that the creative possibilities for such sweatshirt makeovers are ENDLESS. The purpose of THIS demonstration was to show how a sweatshirt could be QUICKLY redone. Check out any of the numerous books and DVDs for additional examples.

Directions:

Cut TWO pieces of fabric at the SOLID LINES+. Lengthen or widen this pattern piece as desired. (If you are running low on fabric, the underside may be from a different fabric.) For the front piece, iron under a seam allowance for all sides except at the TOP. For the lining piece, turn under a quarter-inch and STITCH all sides except the top. Position the first fabric onto the sweatshirt where you want it. Place the RIGHT SIDE of the stitched piece atop this (right sides will be together). Stitch at the TOP curve just *slightly* above the neck-edge of the sweatshirt, and then sew on the dotted-lined narrow rectangle for the center opening. CUT through all layers down the neck opening **at the solid line**, and snip to the tiny corners.** Turn the lining piece inside, IRON, and adhere all together with topstitching and/or embellishment as desired. Optional: Add sleeve cuffs

**Before turning the stitched layers, cut on the solid inside line and snip VERY CLOSE to the bottom corners.

IMPORTANT: The dotted area should be near the TOP of your cut fabric (leaving about an inch above it for a seam allowance. If you extend the pattern to about 14", be sure to keep the dotted area at the top. This dotted line is your STITCH line to hold your top fabric and liner fabric to the sweatshirt.

Extend this solid-lined pattern piece **AT THIS POINT** (below the dotted area--and before the fabric begins to angle) to the height YOU desire. I usually cut the fabric pieces to about 14" in height.

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